

## **Factsheet 4: Death and Bereavement Support**

### **After a bereavement**

Government step-by-step guide after a bereavement

<https://www.gov.uk/when-someone-dies>

National Association of Funeral Directors Covid-19 funeral advice

<https://nafdcovid19.org.uk/advice-for-the-public/>

### **Advice on arranging a funeral**

The Merton Council website offers the latest advice on arranging a funeral in Merton

<https://www.merton.gov.uk/births-marriages-and-deaths/deaths/arranging-a-funeral>

Citizens Advice provide the following information on arranging a funeral

<https://www.citizensadvice.org.uk/family/death-and-wills/funeral-services/arranging-a-funeral/>

### **Help and advice regarding funerals costs**

You could get a Funeral Expenses Payment (also called a Funeral Payment) if you get certain benefits and need help to pay for a funeral you're arranging

<https://www.gov.uk/funeral-payments>

This website offers practical support for people struggling with funeral costs

<https://quakersocialaction.org.uk/we-can-help/helping-funerals/down-earth/information-and-guidance/raising-money-toward-funeral-costs>

### **Other financial help**

You might be eligible for other financial help.

You may be able to get Bereavement Support Payment if your husband, wife or civil partner died on or after 6 April 2017.

<https://www.gov.uk/bereavement-support-payment?step-by-step-nav=4f1fe77d-f43b-4581-baf9-e2600e2a2b7a>

You could get Guardian's Allowance if you're bringing up a child whose parents have died.

<https://www.gov.uk/guardians-allowance?step-by-step-nav=4f1fe77d-f43b-4581-baf9-e2600e2a2b7a>

The **Care Workers' Charity** runs a Crisis Grant Programme for currently employed care workers and may be able to assist with funeral costs following the death of a close relative.

<https://www.thecareworkerscharity.org.uk/information-and-tools/apply-for-a-grant/#1579165687182-20d8c940-397a>

## **Bereavement advice and support**

*Bereavement support for individuals*

**Wimbledon Guild** – a local charity supporting people in Merton offers a Grief Support Service which helps with the practical, financial and emotional aspects of bereavement.

<https://www.wimbledonguild.co.uk/how-we-help/grief-support>

Tel: 020 8946 0735 (Mon-Fri, 9am – 5pm)

Email: [griefsupport@wimbledonguild.co.uk](mailto:griefsupport@wimbledonguild.co.uk)

**CRUSE Bereavement Care** - is helping families affected by coronavirus. You can find a broad range of guidance, including easy read fact sheets, on the Cruse website. You can also contact the charity's free national helpline on 0808 808 1677 or email them at [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk).

<https://www.cruse.org.uk/>

<https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief>

**NHS** - additional help with grief after bereavement

<https://www.nhs.uk/conditions/stress-anxiety-depression/coping-with-bereavement/>

**Bereavement Advice Centre** - free helpline and web-based information service provided by Co-op Legal Services. <https://www.bereavementadvice.org/>

### **Other support:**

**The Good Grief Trust** - Coronavirus bereavement advice

<https://www.thegoodgrieftrust.org/need-know-info/coronavirus-bereavement-advice/>

**At A Loss** - dealing with bereavement and grief during the Covid-19 pandemic

<https://www.ataloss.org/Pages/FAQs/Category/coronavirus-pandemic>

**Jewish Bereavement Counselling Service** - <https://jbc.org.uk/>

**Quaker Social Action**

<https://quakersocialaction.org.uk/we-can-help/helping-funerals/down-earth/information-and-guidance>

**Marie Curie Telephone Bereavement Support**

<https://www.mariecurie.org.uk/help/support/telephone-bereavement-support>

*Bereavement support for children and young people*

**Jigsaw4u** - The Grief Support Project at Jigsaw4u offers a bereavement service for children and their families:

<https://www.jigsaw4u.org.uk/pre-and-post-bereavement/>

Tel: 020 8687 1384

Email: [info@jigsaw4u.org.uk](mailto:info@jigsaw4u.org.uk)

**The Childhood Bereavement Network** - has provided advice and guidance from a number of children and young people's bereavement organisations.

<http://www.childhoodbereavementnetwork.org.uk/>

*Other support*

**The Compassionate Friends** - offer support to families after the death of a child of any age and from any cause.

<https://www.tcf.org.uk/> Alternatively, call: 0345 123 2304

**Child Bereavement UK**

<https://www.childbereavementuk.org/>

**Muslim Youth Helpline**

<https://www.myh.org.uk/>

**Daisy's Dream**

<https://www.daisysdream.org.uk/>